



# May Chamber Chatter!



**News From Our Members, About Our Members**



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KIDS FUN FAIR  
STARLITE CINEMA

**05  
19**

5-8 PM  
Cinema  
begins at  
dusk!

**aMAYzing  
FRIDAY**

VISIT CHARACTERS 5-8PM  
**Fred Miller Park**  
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PARKS AND RECREATION

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## MEDIC BLOOD DRIVE

GREAT SMOKY MOUNTAINS ASSOCIATION  
OF REALTORS  
VS.  
LAKEWAY OF MORRISTOWN

SPONSORED BY:  
COMMUNITY OUTREACH COMMITTEE FOR LAKEWAY

**TUESDAY, MAY 16**

12:00 PM - 6:00 PM

Lakeway Area Association of Realtors  
**MEDIC MOBILE**  
400 N. HENRY STREET  
MORRISTOWN, TN 37814

SCAN TO MAKE AN APPOINTMENT. [medicblood.org](http://medicblood.org)





# Packages

Jump socks are not included. Required for Jumping (\$3.00)

**FAMILY FUN ZONE \$99.99**  
(A \$150 Value)  
**DEAL**

**FUN ZONE \$49.99**  
(A \$66 Value)  
**DEAL**

**TOTAL FUN ZONE \$69.99**  
(A \$99 Value)  
**DEAL**

**JUMP AND PLAY**  
**DEAL**  
**\$24.99**  
(A \$30 Value)

**1**  
30 Minute  
**JUMP**  
**OR**  
**SKATE**  
**20**  
Funbucks

**2** < 30 Minute  
**JUMP**  
**OR**  
**SKATE**  
**2** < Games  
of Lazer Tag  
**2** < \$5 Attractions  
(Bumper cars,  
Bowling,  
Bounce House,  
or Wipeout)  
**20** Funbucks  
(2 cards \$10 each)

**3** < 30 Minute  
**JUMP**  
**OR**  
**SKATE**  
**3** < Games  
of Lazer Tag  
**3** < \$5 Attractions  
(Bumper cars,  
Bowling,  
Bounce House,  
or Wipeout)  
**30** Funbucks  
(3 cards \$10 each)

**4** < 30 Minute  
**JUMP**  
**OR**  
**SKATE**  
**4** < Games  
of Lazer Tag  
**4** < \$5 Attractions  
(Bumper cars,  
Bowling,  
Bounce House,  
or Wipeout)  
**40** Funbucks  
(4 cards \$10 each)  
**1** Large Pizza  
**4** Fountain Drinks



**Coming June 2023!**  
**East Tennessee's Newest Food Truck!**

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Have an Event  
Coming Up?  
Now Pre-Booking!





# ROSE CENTER CAMPS

Musical Theatre Dance with Sophia Cardone  
July 10-14;

Elementary Art with Davina Gulliver  
June 26-30;

Middle/High School Art with Karen Bible  
June 26-30;

Sounds of Joy Music Camp with Joy Goodman  
June 19-23;

For more information  
www.rosecenter.org  
education@rosecenter.org  
442 W. 2nd N. St., Morristown, TN  
37814  
423-581-4330





# SUPERCHARGE YOUR SUMMER

BEGINNING MAY 1<sup>ST</sup> TEENS 14-19  
CAN REGISTER TO WORK OUT FREE  
ALL SUMMER LONG  
MAY 15 - AUGUST 31

PLUS, WE'RE GIVING AWAY \$200,000 TO  
HIGH SCHOOLS AND STUDENTS\*

Sign up at  
[planetfitness.com/summerpass](https://planetfitness.com/summerpass)

Under 18? Sign up with a parent/guardian (online or in-club)




\*Locations independently owned and operated. See club for details. NO PURCHASE NECESSARY. Open to residents of the 50 US/DC and Canadian provinces of ON, AB, PR, SK, NB, NL & BC, 14-19 years of age (with parent approval if a minor). \$100,000USD available in the U.S. and \$100,000CAD available in Canada. Void where prohibited. Begins 12:00 a.m. ET on 5/15/23; ends 11:59 p.m. ET on 8/31/23. Grand Prizes (5 for US Students): a \$10,000 USD scholarship, Grand Prizes (5 for CAN Students): a \$10,000 CAD scholarship, School Prizes (5 per US school tier) \$10,000 for athletic equipment, field renovations, physical fitness classes, health and wellness classes, School Prizes (5 per CAN school tier) \$10,000 CAD for athletics and fitness. Winning schools selected based on number of MSP members from the school and applicable school tier. All prizes awarded as a check to schools/winners (or parent/legal guardian if winner is a minor). For Official Rules, eligibility, entry and school tier details, visit [www.pfitnesssummerpasscontest.com](https://www.pfitnesssummerpasscontest.com). Sponsor: Planet Fitness Holdings, LLC.

## 5 Ways GAINS Helps Your Business Grow

- 1) Communicate Effectively
- 2) Increase Operational Efficiency
- 3) Increase Employee Engagement
- 4) Increase Sales
- 5) Increase ROI

Read more on:  
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### INCREDIBLE TOWNS

KNOXVILLE, TN

Incredible Business Networking - Morristown meets the 2nd Tuesday of each month at O'Charley's  
From 11:30am - 1pm. All are invited to attend and promote their business products and services and meet new referral contacts. Bring a big stack of business cards / flyers and invite your business contacts to attend.

Why attend IBN Biz Lunches?

- No Exclusions, All are welcome to attend.
- No Memberships or fees.
- No Attendance requirements.
- No Categories, just open networking
- People attend because they want to, not because they have to!

Just buy your lunch if you are hungry and support our host restaurant.

Tuesday May 9, 2023      Please email [Kasey.wilder@edwardjones.com](mailto:Kasey.wilder@edwardjones.com) to be added to a mailing list for updates.

Tuesday June 13, 2023

Tuesday July 11, 2023


Tuesday August 8, 2023

Tuesday September 12, 2023      Or visit <https://knoxville.incredibletowns.com/> to learn about other opportunities.

Tuesday October 10, 2023

Tuesday November 14, 2023

Tuesday December 12, 2023



## Join us for a preview and ribbon cutting of Morristown-Hamblen West


**Ribbon Cutting and Open House**  
Friday, June 2, 2023  
11:00 a.m. - Noon

**Services Offered:**

- Emergency
- Diagnostic
- Breast Imaging Center of Excellence
- Hamblen Primary Care

**Official Opening Day**  
Monday, June 5, 2023

R.S.V.P. by emailing:  
[HFugate@covhalth.com](mailto:HFugate@covhalth.com) or  
[JForman@covhalth.com](mailto:JForman@covhalth.com)



653 Merchants Greene Blvd. | Morristown, TN 37813

Morristown-Hamblen West

8151-1175



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# ASES Enrichment Camps

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Weekly Camps SUMMER 2023  
All Saints' Episcopal School

Come & join us for one or all of our weekly enrichment camps to keep your children learning and having fun!

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[asestn.org/camps-aftercare](http://asestn.org/camps-aftercare)

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(865) 332-2017 [www.VirtualCBS.com](http://www.VirtualCBS.com)

# SUMMER CAMP 2023

## HURRY LIMITED SPACE!

Open to ages 7-12  
June 5-22  
July 10-27  
Monday-Thursday  
9AM-5PM

Lunch Provided

OUR ACTIVITIES  
P.E Games  
Swim Sports

Sponsored by:

Registration info:  
[morristownlanding.com/summercamps](http://morristownlanding.com/summercamps)

Contact Casey Smith  
(423) 388-6573  
[csmith@sportsfacilities.com](mailto:csmith@sportsfacilities.com)





The

# Butch Grooms

## MEMORIAL CRUISE-IN

Saturday, June 3, 2023 • Walters State Community College • 8 AM - 3 PM  
MORRISTOWN, TN 37814

\*\*\* ALL PROCEEDS WILL BE DONATED TO STEPPING OUT, INC. \*\*\*



SPONSORED BY:



## Join Eastman Credit Union for a FREE Home Buying Seminar!

We'll discuss the home buying process from start to finish and provide some great tips about buying a home. Experts will also be on hand to answer your questions.

Thursday, June 29

5:30 p.m.

Jefferson County Library  
108 City Center Drive  
Jefferson City, TN 37760

Seating is limited and registration is required. Please visit [ecu.org/june29](http://ecu.org/june29) to register today!



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# The Country Club

AUGUST 10, 2023

4-Man Scramble

Entry Fees

\$600 • 4-Man Team | \$150 • Single Player



Helicopter golf ball drop  
\$10 per ticket

7:45 AM / 1 PM SHOTGUN START — YOUR TEAM'S CHOICE • LUNCH/REGISTRATION BEGINS AT 11:30 AM

12:40 PM HELICOPTER GOLF BALL DROP • DINNER WILL BE AT CONCLUSION OF 1 PM SHOTGUN START

## SPONSOR LEVELS

### \$2,000

**All-American Sponsor**

- One foursome
- Four Senators pullovers
- Company name/logo on event banners at course
- Recognition after lunch
- Senators Club membership

### \$1,500

**Flag Sponsor  
Golf Cart Sponsor**

- One foursome
- Four Senators hats
- Company name/logo displayed on all 18 hole flags
- Framed flag for company after event
- Senators Club membership

### \$1,000

**Putting Green Sponsor  
Helicopter Golf Ball Drop Sponsor  
Player Gift Sponsor  
Meal Sponsor  
Beverage Cart Sponsor**

- Four Senators hats
- Company name/logo displayed on sign at appropriate location
- Senators Club membership

### \$500

**Chipping, Driving Sponsor  
Scoreboard Sponsor**

- Four Senators hats
- Company name/logo on sign at appropriate location
- Senators Club membership

### \$200

**Individual Hole Sponsors**

- Company name/logo displayed on individual hole
- One Senators hat

**ADDITIONAL INFORMATION**

**DEREK CREECH**  
derek.creech@ws.edu  
W: 423.585.6759  
M: 423.327.1854

*Lunch, dinner and player gift included*

Register online at [wsccathletics.com/scgolf](http://wsccathletics.com/scgolf)

Name \_\_\_\_\_

Company (if applicable) \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Office Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_ AM or PM Tee Time \_\_\_\_\_

Circle Your Sponsorship Option

- All-American Sponsor — \$2,000
- Team Sponsor — \$600
- Flag Sponsor — \$1,500
- Golf Cart Sponsor — \$1,500
- Putting Green, Helicopter, Player Gift, Meal, Beverage Cart Sponsors — \$1,000
- Chipping, Driving, Scoreboard Sponsors — \$500
- Individual Hole Sponsors (18) — \$200

Player 2 \_\_\_\_\_ Email \_\_\_\_\_

Player 3 \_\_\_\_\_ Email \_\_\_\_\_

Player 4 \_\_\_\_\_ Email \_\_\_\_\_

Golf Sponsorship/Entry Fees \$ \_\_\_\_\_ Golf Ball Drop Tickets \_\_\_\_\_ \$10 Per Ticket = \$ \_\_\_\_\_ TOTAL \$ \_\_\_\_\_

Send completed form with check payable to Walters State Foundation to: WS Foundation, WSCC, 500 S. Davy Crockett Pkwy., Morristown, TN 37813



# PENNSYLVANIA

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**OCT 3 - 9, 2023**

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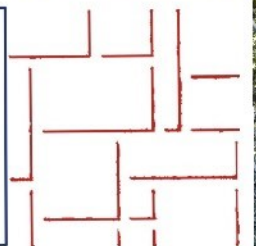
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# April Showers Bring May Flowers.



As spring arrives, it is important to remember that for many, depression does not end when the weather gets warm, and flowers start to bloom. If you are struggling with mental health, you are not alone and you do not have to suffer in silence. Set small achievable goals for your day or week and reach out to a trusted family member, friend, clergy, or therapist. Contact a professional who can help, focus on self-care, and know that there is hope for the future.

For more Information visit:

<https://www.nami.org/About-Mental-Illness/Mental-Health-Conditions/Depression/Major-Depressive-Disorder-with-a-Seasonal-Pattern>

<https://www.samhsa.gov/sites/default/files/understanding-major-depressive-disorder.pdf>

<https://www.nimh.nih.gov/health/publications/seasonal-affective-disorder>

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## UNDERSTANDING MAJOR DEPRESSIVE DISORDER

### WHAT IS MAJOR DEPRESSIVE DISORDER?



Major depressive disorder (also known as major depression) is one of the most common mental disorders in the United States. It can seriously impact every aspect of a person's life—affecting how they feel, think, and handle everyday activities. Major depression can happen at any age but often begins in adulthood.

The exact causes of major depression are unknown, but some risk factors include a family history of depression and significant life changes such as trauma, stress, or death of a loved one. Major depression is also linked to other serious medical illnesses, such as diabetes, cancer, heart disease, and Parkinson's disease.

## Deadline for the June Chamber Chatter: NOON , Tuesday, June 13

- All articles must be submitted with “CHAMBER CHATTER” in the subject line.
- All the submissions should be in JPEG or PNG format or as Press Releases in Word. We cannot accept submissions from Publisher, Power Point or PDF's.
- Information must be submitted to: [manager@morristownchamber.com](mailto:manager@morristownchamber.com)
- Press releases and ads may be edited or resized due to space constraints.
- Ads must change each month and be resubmitted each month.
- This is a FREE service to our members.